Zazu from the Lion King sings, “Nobody knows the troubles I’ve seen...nobody knows my sorrow”. Too bad Zazu didn’t go to MBU! Every college student will face some kind of struggle during college; if this is you, we want you to know that you are not alone! There are many resources on campus designed to help you as you face different struggles – whether it be learning effective study skills, maintaining relationships, adjusting to dorm life, or something else. Prep U wants to help you connect with these resources by bringing in different speakers who want to see you excel during your time at MBU. Prep U will be held in the Field Academic Hall Conference Room (first floor of FLD, next to the office of Records) on Tuesdays at noon.

9/4—Making Friends & Building Community—Lara Hines & Julie Leslie, Student Activities


9/18—Budget? What’s That? SIFE (Students in Free Enterprise), Business Division

9/25—Time Management: Priorities & Follow-through—Amy Goodberlet, Academic Success Center

10/2—Conflict Resolution: Friends & Roommates Style—Taira Schertz, Resident Life

10/9—Plagiarism & Profs—What Every Student Should Know—Andy Chambers & Mary Ellen Fuquay, Student Development & Humanities Division

10/16—Study Skills, Study Groups & Group Projects—Amy Goodberlet, Academic Success Center

10/23—My vote: Does it matter? — Keith Beutler, Social & Behavioral Sciences Division

10/30—How to deal with Failure: Test preparation & Anxiety—Amy Goodberlet, Academic Success Center

11/13—Social Media & You—Bryce Chapman & Jenny Gravatt, University Communications

11/20—cancelled

11/27—I'm only 18—do I really need a resume? And other career related questions—Sarah Long, Career Services

12/4—Student Panel on the added pressures of being a student athlete

12/11—Finals are Stressful; help! — Brenna Lacey, Fitness Center

*Collegiate Seminar Students, Don’t forget you can earn points toward your participation points assignment for attending prep U sessions.