

## Proposed Curriculum Sequence

### Bachelor of Science in Fitness Management

<b>Fall 1</b>	<b>17 hr</b>	<b>Spring 1</b>	<b>16 hr</b>
[ ] IDST 101 – Collegiate Seminar	1	[ ] _____ (Math Gen Ed)	3
[ ] ENGL 113 – College Comp I	3	[ ] ENGL 123 – College Comp II	3
[ ] BIOL 101/103 – Intro Biology	4	[ ] BCIS 103 – Surv of Computing	3
[ ] _____ (Social Sci Gen Ed)	3	[ ] _____ (Chem/Phys Gen Ed)	4
[ ] KHSC 333 – Health and Wellness	3	[ ] EXSC 113 – Intro to Exercise Science	3
[ ] RBIB 113 – Old Testament Hist	3		
<b>Fall 2</b>	<b>16 hr</b>	<b>Spring 2</b>	<b>17 hr</b>
[ ] COMM 103 – Speech Comm	3	[ ] ENGL 203 – World Literary Types	3
[ ] PSYC 133 – Gen Psych (Behav Gen Ed)	3	[ ] RBIB 123 – New Testament Hist	3
[ ] PHED 133 – First Aid and CPR	3	[ ] MATH 243 – Prob and Stats	3
[ ] BIOL 211/213 – Anat & Physio I	4	[ ] _____ (Activity Course)	1
[ ] EXSC 283 – Hist/Phil of Sport	3	[ ] BIOL 221/223 – Anat & Physio II	4
		[ ] EXSC 233 – Care and Prevention	3
<b>Fall 3</b>	<b>15 hr</b>	<b>Spring 3</b>	<b>16 hr</b>
[ ] _____ (Humanities Gen Ed)	3	[ ] BIOL 303 – Nutrition	3
[ ] EXSC 313 – Exercise Physiology I	3	[ ] SMGT 463 – Sport Law	3
[ ] EXSC 363 – Adapted PE	3	[ ] EXSC 321/323 – Exercise Physiology II	4
[ ] PSYC 213 – Personal Adjustment	3	[ ] EXSC 403 – Exercise Psychology	3
[ ] _____ (Social Sci Gen Ed)	3	[ ] EXSC 453 – Fitness Management	3
<b>Fall 4</b>	<b>17 hr</b>	<b>Spring 4</b>	<b>15 hr</b>
[ ] _____ (Fine Arts Gen Ed)	3	[ ] IDST 403 – World Citizen	3
[ ] KHSC 103 – Substance Abuse	3	[ ] EXSC 476 – Internship 400hr	6
[ ] EXSC 411/413 – Testing and Prescrip.	4	[ ] EXSC 483 – Prin. of Human Perform	3
[ ] SMGT 463 – Sport Finance	3	[ ] _____ (FA Gen Ed)	3
[ ] ENTR 303 - Entrepreneurship	3		
[ ] BUSN 481 – Interviewing Techniques	1		

**Total Credit Hours: 128-129 hours**

**Total Upper Level Credits: >45 hours**